

Holistic & Biological Dentistry

What is Biological Dentistry?

Biological dentists respect that the mouth is an integral part of the entire body. Dental treatments should impact the rest of the body as little as possible. However, traditional and commonly performed dental procedures may leave people with chronic problems or other health consequences.

Biological dentists use biocompatible materials that will not adversely affect a patient's immune system. The emphasis is on building health and well-being. If there is disease we will look for the underlying cause that may have its origin in the mouth.

To understand how oral health may relate to overall health, please view the [Interactive Tooth Chart](#).

Mercury Free Dentists and Biological Dentistry

Biological, **mercury free dentists** promote treatments that are safe and effective, with minimal or no side-effects. Dental materials are non-toxic and bio-compatible.

The body's innate capacity to heal itself (self-correct) is utilized by providing appropriate immune system support and neurological support, proper nutrition, and if necessary, by reducing an infectious load.

Removal of Mercury Amalgam Fillings by an experienced Biological Dentist

Mercury is the most toxic metal known to man.

The biological dentists implement the safest removal of mercury fillings to protect you, the dentist, and the environment. Working in conjunction with the medical doctors, NIHA's biological dentists work with you to address mercury, heavy metal or other toxic burdens affecting your health.

Schedule a biological dental appointment and learn about our integrative approach to Dental Health at [Smedley Dental](#).

Sources:

<http://www.nihadc.com/biological-dentistry/biological-dentistry.html>

<http://www.nihadc.com/biological-dentistry/interactive-meridan-tooth-chart.html>